

# Do you have questions about the prenatal screening your doctor may have ordered?

## Patient Navigators from Quest can help

Patient Navigators are women's health professionals who will work directly with you to answer questions about QNatal® Advanced prenatal screening\* or QHerit® carrier screening.\*







insurance coverage

Answer billing

Clarify costs you may be charged for testing





questions

Call 1.888.445.5011 or email PatientNavigators@QuestDiagnostics.com



### Getting the right testing is important to give yourself and your baby the best possible start

Call a Patient Navigator to bring clarity to these tests your doctor may have ordered:



**QNatal® Advanced noninvasive prenatal screening**\* is a simple blood test that screens for certain genetic conditions, such as Down syndrome. 76% of insured patients pay less than \$99.<sup>1</sup> You can also use the calculator at MyNIPTCost.com.



**QHerit® carrier screening**\* can provide valuable information about the risk of passing along certain genetic disorders that may impact your child's health. 80% of insured patients pay less than \$25.<sup>1</sup>



Contact a Patient Navigator today! Call **1.888.445.5011** or email **PatientNavigators@QuestDiagnostics.com** 

#### \*Important information

QNatal<sup>®</sup> Advanced is a cell-free DNA test that screens for increased risk of certain fetal chromosomal abnormalities that may cause birth defects, including trisomy 21 (Down Syndrome), trisomy 18, trisomy 13, and certain sex chromosome abnormalities (ie, 45, X, 47, XXY, 47, XXX, and 47, XYY). In addition, if selected as an option, QNatal Advanced can screen for certain microdeletions (ie, 22q, 5p, 1p36, 15q, 11q, 8q, and 4p) that may cause birth defects, and/or for fetal sex. This test does not assess the risk of fetal anomalies such as neural tube defects or ventral wall defects. QNatal Advanced must not be used earlier than 10 weeks into pregnancy.

QNatal is a "screening" test, not a diagnostic test, and therefore all positive/increased risk results should be followed by genetic counseling and further diagnostic testing and procedures, when clinically indicated. Pregnancy management decisions should not be based on the results of a cDDNA test alone. As with any test, there may be false positives or false negatives. The positive predictive value of the screening test varies by genetic marker, and may be lower for rare conditions. Performance data for the QNatal Advanced test may be obtained by contacting Quest Diagnostics at 1.866.GENE.INFO (1.866.436.3463). QNatal Advanced is a laboratory developed test that has been developed and validated, pursuant to the Clinical Laboratory Improvements of 1988 (CLIA), and as such it has not been reviewed by FDA.

Otherit, QHerit Plus, and Otherit Extended are carrier "screening" tests, and they screen for variations in your genes linked to certain health disorders, which can be passed to your children. Otherit screens 22 genes; QHerit Plus screens 85 genes; and Otherit Extended screens 150 genes. For a full list of genes that each panel in the QHerit family screens, visit QHerit. Com. If the results from any panel in the QHerit family suggest that you may be a carrier of a gene variation that can cause a health disorder in your offspring, you should discuss your options with a healthcare provider (eg, partner screening and/or genetic counseling). Pregnancy management decisions should not be based on the results of these screening tests alone. As with any test, there may be false positives or false negatives. The positive predictive value of the screening test varies by genetic variation, and may be lower for rare conditions. Each panel in the QHerit family is a laboratory developed test that has been developed and validated, pursuant to the Clinical Laboratory Improvements Amendments of 1988 (CLIA), and as such it has not been reviewed by FDA.

#### References

1. National claims analysis. Data on file. Quest Diagnostics, 2021.

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